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17<sup>th</sup> November 2016

Dear Parents,

We have planned a Sustainable Week for the children during the week beginning 21<sup>st</sup> November where we will be undertaking a number of activities based around food. Activities will focus on reducing food waste, re-cycling food packaging, reducing food miles, using seasonal fruit and vegetables in addition to some extra re-using, reducing and re-cycling activities.

During the week the children will undertake a number of cooking and creative activities in class based on the theme of food. We will be welcoming visitors from Tesco and Godfrey's (Fish and Chip shop) who will be talking to the children about food miles, food sources and packaging. Claire Henry from the Sustainable St Albans team will be coming to assembly on Friday so that we can share with her some of the highlights of our week. We are also hoping to have a visit from the Green Leaders from Loreto College.

### **Book Swap**

As part of the week we will be holding a book swap activity on Friday. This is an idea that came from a discussion at last week's Eco Committee meeting. If your child would like to bring a book into school on Friday 25<sup>th</sup> November that they do not need any more they will be able to swap it for another one that someone else has brought in to swap. We are asking that the children bring in only **one or two books** to swap or donate and no more than this. We do not have the capacity for children to bring in bags of books.

### **Switch Off Fortnight**

Switch Off Fortnight continues into Sustainable Week so please help us by reinforcing this message at home also.

### **Friends of the Earth**

Friends of the Earth are collecting empty 2 litre green plastic drink bottles (whole not crushed) in order to make an 'eco' Christmas tree which will be completed in time for the switching on of the Christmas lights in St Albans. It is a sculpture that will highlight plastic waste and will be sited outside the Courtyard Café. Please leave the bottles in your child's class on Friday 25<sup>th</sup> November when you bring in books to swap.

### **A message from the Sustainable St Albans Team**

Did you know that almost 50% of food thrown away in the UK comes from our homes? We throw away 7 million tonnes of food and drink every year. This costs around £60 a month for families with children. If we all stop wasting food that could be eaten, the benefits to the planet would be equivalent to taking 1 in 4 cars off the road.

Perhaps you would like to take part in St Albans "A week without food waste?" Further information can be found at [www.sustainablestalbans.org/foodwaste-challenge](http://www.sustainablestalbans.org/foodwaste-challenge).

We hope that the children will enjoy the week but also learn a lot of very important messages.

Yours sincerely

*Mrs J Goddard*

Headteacher

