



Alban City School  
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18<sup>th</sup> October 2017

Dear Parents,

I am writing to let you know that I have organised swimming lessons for Year Four for the Autumn and Spring term. Lessons will take place weekly using the pool at St Albans High School for Girls on a Monday afternoon. I am extremely grateful to the High School for allowing us to use their pool. Lessons will start on Monday 13<sup>th</sup> November for nine weeks. The dates of the lessons are as follows: 13/11, 20/11, 27/11, 4/12, 8/1, 15/1, 22/1, 29/1, 5/2. Each class will have a separate lesson lasting for 30 minutes and will walk to and from the school supervised by school staff.

The lessons will be taught by Lisa McCloud and the Swimming4everyone Swim School. The children will be ability grouped dependent on their swimming skills and experience and then taught accordingly.

We require a voluntary contribution of £10.00 for the 9 sessions. Payment can be made using your school gateway account or cheque payable to Alban City School. Unfortunately if your child misses a lesson due to absence from school we are unable to give refunds as the swimming tuition needs to be paid for regardless of the weekly numbers. If your child receives Free School Meals, the Pupil Premium funding we receive will pay for the lessons, therefore there will be no cost.

Please note for health and safety reasons, any pupil who has been absent from school due to sickness or diarrhoea should not swim until they are fully recovered from the illness.

- Pupils **must** wear a swimming hat (latex or cloth) for lessons. They will not be allowed to swim without one (available from Stevensons)
- The swim school recommend that the children wear goggles (available form Argos and Stevensons)
- All jewellery should be removed before swimming lessons. (This includes all earrings)
- Girls will need a one piece swimsuit.
- Long baggy shorts for boys are not appropriate and boys should wear trunks.
- Please pack a towel, swimming costume, hat and goggles in a bag that your child can carry easily. They will also need a coat.

It is expected that all children will participate as swimming is part of the PE curriculum unless there is a medical reason why they should not. Children will be expected to remember their swimming things every Monday as we are unable to phone home for any forgotten items.

Please complete and return the reply slip below with your voluntary contribution by Friday 3<sup>rd</sup> November.

Yours sincerely

*Mrs J Goddard*

Headteacher

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**Swimming Lessons Autumn 2017/Spring 2018**

I understand that my child: \_\_\_\_\_ Class: \_\_\_\_\_ will be taking part in swimming lessons at St Albans High School for Girls. I enclose a voluntary contribution of £10.00 for 9 weeks' swimming lessons / I receive Free School Meals so pupil premium will pay for my child's lesson. (delete as appropriate)

Signed parent/guardian: \_\_\_\_\_

The Swim School require the following information which will be passed directly to them:

Name of Swimmer(s).....

Parent/Guardian's Signature.....

Medical Conditions..... Date of Birth.....

Any previous awards achieved:.....

A short statement on your child's swimming ability or any other details relevant to participating in swimming lessons:

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