

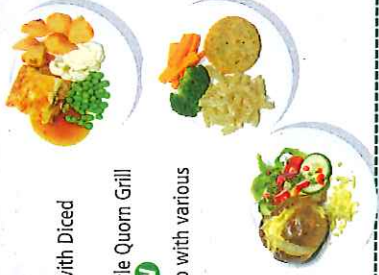
Menu Week One

Week Commencing: 5th November, 26th November, 17th December, 7th January, 28th January, 25th February, 18th March

All our milk is organic - fresh from the dairy

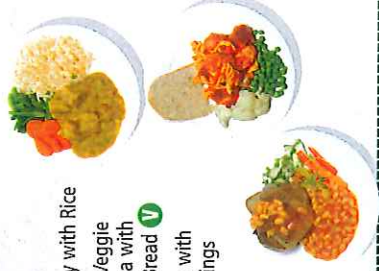
Monday

Lamb Slice with Diced Potatoes
Southern Style Quorn Grill with Pasta **V**
Jacket Potato with various Toppings



Tuesday

Chicken Curry with Rice
Tomato and Veggie Sausage Pasta with Wholemeal Bread **V**
Jacket Potato with various Toppings



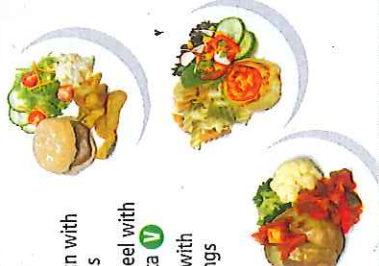
Wednesday

Roast Pork and Apple Sauce with Roast Potatoes or Wholemeal Pasta
Quorn Pieces in Yorkshire Pudding with Roast Potatoes or Wholemeal Pasta **V**
Jacket Potato with various Toppings



Thursday

Burger in a Bun with Potato Wedges
Cheese Pinwheel with Tri Colour Pasta **V**
Jacket Potato with various Toppings



Friday

Fish Fillet with Low Fat Chips or Pasta
Cheese and Tomato Pizza Wrap with Low Fat Chips or Pasta **V**
Jacket Potato with various Toppings



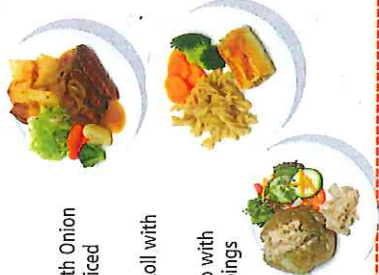
Menu Week Two

Week Commencing: 12th November, 3rd December, 14th January, 4th February, 4th March, 25th March

Freshly baked wholemeal bread, seasonal vegetables and bowl salads are available daily

Monday

Sausages with Onion Gravy and Diced Potatoes
Vegetarian Roll with Pasta **V**
Jacket Potato with various Toppings



Tuesday

Lasagne with Side Salad
Quorn Hot Dog with Potato Wedges **V**
Jacket Potato with various Toppings



Wednesday

Roast Chicken with Stuffing and Roast Potatoes or Wholemeal Pasta
Vegetarian Burrito Wrap with Wholemeal Pasta **V**
Jacket Potato with various Toppings



Thursday

BBQ Pork with Savoury Rice
Creamy Pasta Bake with Wholemeal Bread **V**
Jacket Potato with various Toppings



Friday

Fish Fingers with Low Fat Chips or Pasta
Cheese and Tomato Pizza with Low Fat Chips or Pasta **V**
Jacket Potato with various Toppings



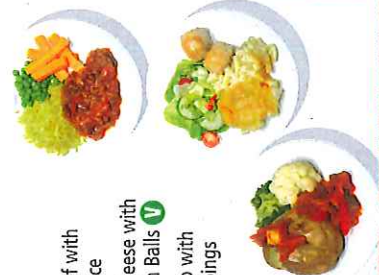
Menu Week Three

Week Commencing: 19th November, 10th December, 21st January, 11th February, 11th March, 1st April

Gravy and Custard are always available separately when on the menu

Monday

Mexican Beef with Vegetable Rice
Macaroni Cheese with Garlic Dough Balls **V**
Jacket Potato with various Toppings



Tuesday

Chicken Pie with Creamed Potatoes
Sweet Potato and Chickpea Curry with Rice **V**
Jacket Potato with various Toppings



Wednesday

Roast Beef and Yorkshire Pudding with Roast Potatoes or Wholemeal Pasta
Tomato Bolognaise with Roast Potatoes or Wholemeal Pasta **V**
Jacket Potato with various Toppings



Thursday

Baked Chicken Wrap with Tri Colour Pasta
Roasted Vegetable Slice with Potato Wedges **V**
Jacket Potato with various Toppings



Friday

Salmon Fish Fingers with Low Fat Chips or Pasta
Favourite Pizza with Low Fat Chips or Pasta **V**
Jacket Potato with various Toppings

