

Dear Parent / Guardian,

CYCLE TRAINING

We are pleased to be able to offer a level 1 & 2 Bikeability cycle course at **Alban City School** for pupils in year 6 on the following dates

Monday 21st October until Friday 25th October

The 5 session course will include Highway Code theory plus skills exercises on the playground.

This will be followed by basic manoeuvres on local roads for those who have reached the required standard of cycle control. The on-road sessions include starting, stopping, overtaking, making U turns and turning left and right into and out of side roads.

Children will need **a roadworthy cycle** and will have to attend each day of the course. They should wear clothes appropriate for cycling and the weather conditions.

From 1st January 2018, the decision of if a child wears a cycle helmet sits with the parents / guardians of the child, but we strongly encourage children to wear one.

The cost will be **£27** per child. Places are limited so if you wish your child to take part please complete the consent form and return it by **Thursday 12th September**. Please pay using the gateway account. If your child is in receipt of pupil premium funding, or the cost of the course would cause you financial hardship and be a barrier to your child participating, please ask to speak to Mrs Stray in confidence as we may be able to help subsidise the cost.

Please note that the course is designed to improve cycle control, not teach children to ride. Children should therefore be encouraged to practise beforehand, especially signalling. Children have to pass Level 1 to progress to Level 2 and go out on the local roads. Our aim is to develop the skills children need to go out safely on their bikes at weekends and holidays, and prepare them for cycling to secondary school next year if appropriate.

I wish my child to take part in the Bikeability Course, if there is a place available.

I understand that most of the course will be conducted on the road.

I understand that my child has to pass level 1 to progress to level 2.

I will ensure my child has a roadworthy bicycle.

I have paid using the School Gateway

..... Signed Parent/Guardian

(Please print clearly)

Child's name.....

Home address:

.....

Contact telephone number during the course:

Any special needs the instructor should be aware of:

