



Building Calm, Focused Minds Through Play

Join BrainUp After-School Club

Brain Up Club is psychologist-designed programme that helps children build focus, emotional regulation, problem-solving and confidence through science, hands-on and off-screen play. By the end of the programme, children create their own off-screen game and gain a deeper understanding of what helps them feel calm, confident and focused.

Date: Thursdays

Time: 3:30pm - 4:30pm

Duration: 10 Weeks

Total Price: £10 x 10 Weeks = £100



**Developed by clinical psychologist,
Jacqueline Tsz Hin Law**



**Endorsed by Former Senior Leader in Independent Education,
Ian Thorpe**

Contact: info@brainupclub.com



Book Now: <https://brainupclub.com/albancityschool>